



Covid 19 Update to PE Policy

The following additions to our policy have been made in light of guidance published by the Government regarding Covid 19 and the wider opening of school.

(<https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/guidance-for-full-opening-schools> July 2nd 2020). All of the following expectations have been put in place to ensure the safety of our whole school community.

Social distancing:

- Stay in your own designated space during PE lessons.
- Keep a sensible distance from other children as you move around the space during PE or when lining up. Use the tape markers to guide you.
- Put up your hand if you want to speak to the teacher instead of moving from your space.
- In the playground, **as much as is reasonably possible**, stay 2m apart from other children where possible.
- Stay in your bubble. This means you stay apart from children and adults in other bubbles.
- Follow the instructions on moving around the school according to the one-way system.
- When getting changed into PE Kit and back into uniform stay in your own space and as much as is reasonably possible, stay 2 metres apart.
- Children to put clothes inside their own PE bage and place back inside classroom on their chair.

Infection control:

- **You must not cough or spit towards any other person.**
- PE taught should include as many non-contact sports as possible- e.g. Dance, Athletics (running) Football, Fundamental Movement Skills. Contact sports to be avoided until further guidance is issued.
- PE lessons to be taught outside as much as possible (weather dependent) if taught indoors ensure enough ventilation and try to ensure children are spaced out as much as possible in accordance to the 2m guideline.
- Teachers and sports coaches should ensure that children remain 2m apart as much as possible during PE lessons. Ensure any outside sports coaches (e.g. LFC, EFC) have read the risk assessment for our school prior to delivering any PE lessons.
- After using any equipment you must wash your hands with soap and water for 20 seconds when you have been asked to do so.
- All equipment used to be thoroughly cleaned by staff and left for 72 hours if plastic - 48 hours other materials - before next use.
- Equipment to be discouraged from being shared between bubbles.
- Do not share water bottles, only water bottles provided by school to be used.
- If you sneeze or cough you must cover your mouth with your elbow or preferably use a tissue using the 'catch it, bin it, kill it approach'.

-Wash your hands using the sanitizer provided or with soap and water for 20 seconds when you have been asked to do so.

Teachers to ensure they teach active sessions for more than the two hour statutory requirement.

Swimming

At this current time, there are no swimming lessons.

Competitions

At this current time, Gwladys Street C P and N School will not be participating in any inter school competitions.

Bikeability

At this current time, Bikeability will not occur, however this will be reviewed for Spring/Summer dates.

Residential

Not permitted at this current time.