

YOUR MENU

THIS WEEK



EDUCATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

06/09/21
27/09/21
18/10/21
15/11/21
06/12/21

Cheese & tomato pizza (v)
(1,3,6)
or
Vegetable bean wrap (v) (3)

Baked jacket, beans & pasta
salad (1,3)

Fruit jelly

Beef Bolognese
or
Vegetable Bolognese (v)

Pasta (3)

Carrots, Green beans

Toffee Apple Wholemeal
cookie with milk (1,3)

Roast Gammon & Gravy
or Vegetable Lentil Wellington
(1,3,11)

Roast Potatoes
Seasonal Greens, roasted
vegetables

Fresh fruit salad

Turkey burger in a bun
(1,3,6,7)
Or
Quorn burger in a bun (v)
(1,3,7,11)

Potato wedges, sweetcorn,
coleslaw (11)

Jam sponge & custard
(1,3,11)

Fish fingers (2,3)
Or
Vegetable Sausage (v)
(1,3,11)

Chips, baked beans, peas

Chocolate & orange biscuit
(1,3)

WEEK TWO

13/09/21
04/10/21
01/11/21
22/11/21
13/12/21

Mild mixed bean & potato
Curry with 50/50 rice (v) (1)
Or
Mac & cheese with basil
bread (v) (1,3,6,14)

Broccoli & carrots

Vanilla shortbread (1,3)

Mince Beef Burrito
(1,3)
Or
Vegetable & mixed bean
burrito (vg) (3,6)

Sweetcorn,
Mexican potato salad, herby
wholemeal bread

Fruit jelly (1)

Roast Turkey, gravy & stuffing
(3)
Or
Cauliflower & Lentil bake (v)
(1,3)

Roast potatoes
Kale & carrots

Chocolate brownie (1,3,11)

Sausages with gravy
(1,3,11,12)
Or
Vegetable Sausages with
gravy (1,3,11)

Mash potato (1), savoy
cabbage & green beans

Rice pudding sponge cake
with jam (1)

Fish fingers (2,3)
Salmon fishcake, (2,3,14)
Or
Vegetable fingers with
hummus dip
(3) (vg)
Chips, baked beans, peas

Wholemeal banana & apple
crumble and custard (1,3)

WEEK THREE

20/09/21
11/10/21
08/11/21
29/11/21

Tomato & Basil pasta (3) (vg)
Or
Pepper & Spring Onion
Frittata with new potatoes
(1,11)

Garden peas
Seasonal salad,

Mild Turkey Katsu with light
curry sauce (1, 3)
Or
Vegetable Katsu with light curry
sauce (3) (vg)

50/50 rice, green beans,
carrots

Roast Chicken & gravy
Or
Vegetable & quorn mince pie
(v) (6,1)

Roast potatoes, carrot &
swede mash, cabbage

Fruit jelly with cream (1)

Beef & Vegetable Bolognese
Or
Quorn balls in a tomato
sauce (v) (3,11)

Pasta (3), broccoli & sweetcorn

Fruit sponge with custard
(1,3,11)

Battered fish
(2,3)
Or
Roasted pepper & mixed bean
quesadilla, tomato salsa (vg)
(3)

Chips, beans, peas

Fruit flapjack cookie (1,3)

Oaty fruit crumble & custard
(1,3)

Wholemeal oat cookie with ½
glass milk (1,3)

Available daily: Handmade bread, Fresh fruit Also available daily Jacket potatoes served with a selection of fillings

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard
MENU IS SUBJECT TO CHANGE *