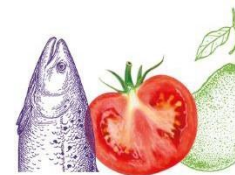


# Primary Lunch Menu



Week Commencing 06/06/22

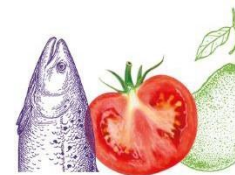
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from  <b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Homemade Chicken Curry Served with Rice and Mango Chutney  Vegan Vegetable Curry, with rice and mango Chutney	Homemade Halal Beef Lasagne served with Garlic Bread and Fresh Salad  Vegan Lasagne with Garlic Bread and Fresh Salad	Halal Roast Turkey Dinner With Roast Potatoes and Seasonal Vegetables  Vegan sliced Chicken Roast potatoes and Seasonal Vegetables	Homemade Cajun Halal Chicken served with Vegetable Rice  Halloumi Fajita served with Salad  Vegan Feta Fajita served with Salad	Fish Fingers Served with Chips and Peas  Veggie Sausage Roll
<b>Salad Pots and Pasta Salad Pots</b>					
<b>Starchy Food</b> Various bread choices available	Rice	Pasta	Roast Potatoes	Rice	Chips
<b>Vegetables</b> Salad Bar with Hummus	Cabbage	Green Beans	Carrots, Cauliflower, Peas	Sweetcorn	Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Shortbread  Fresh Fruit	Marble Cake with Fresh Cream  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Fresh Fruit Pavlova  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

**Ask for daily chef specials**

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

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# Primary Lunch Menu



Week Commencing 13/06/22

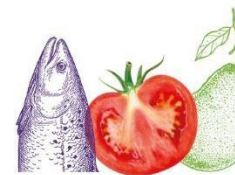
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Wholemeal Pizza served with Wedges and Beans or Coleslaw	Homemade Spanish Chicken served with Rice and Green Beans	Halal Roast Turkey Dinner With Roast Potatoes and Seasonal Vegetables	All Day Breakfast with Halal Sausage, Scrambled Egg, Wholemeal Toast and Hash Brown	Homemade Battered Fish with Chips and Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Pesto Pasta	Vegan Spanish Vegetables served with rice and green beans	Vegan sliced Chicken Roast potatoes and Seasonal Vegetables	All Day Vegan Breakfast with Vegan Sausage, Vegan Scrambled Egg, Wholemeal Toast, Mushrooms and Hash Brown	Veggie Sausage roll
<b>Salad Pots and Pasta Pots</b>					
<b>Starchy Food</b> Various bread choices available	Homemade Pizza Base	Rice	Roast Potatoes	Wholemeal Bread	Chips
<b>Vegetables</b> Salad Bar with Hummus	Carrots	Green Beans	Seasonal Vegetables	beans	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Chocolate Cake and Custard  Fresh Fruit	Vanilla Cheesecake  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Apple Flapjacks  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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# Primary Lunch Menu



Week Commencing 20/06/22

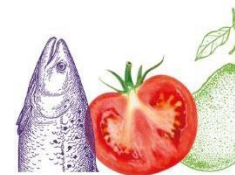
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from  <b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Veggie Stir Fry served with Noodles and Spring Rolls  Cherry Tomato Quiche served with Crisp Fresh Salad	Homemade Sausage Roll Sliceserved with Wedges and Brown Sauce  Tuna Pasta with Cucumberand sweetcorn  Vegan Vegetable Pasta	Halal Roast Chicken Dinner With Roast Potatoes and Seasonal Vegetables  Vegan sliced Ham Roast potatoes and Seasonal Vegetables	Chicken Goujon Wraps served with Potato Salad or Pasta Salad  Twice Baked Jacket Potatoes	Fish Fingers and Chips served with Peas  Vegan Fishless Fingers and Chips served with Peas
<b>Salad Pots and Pasta Pots</b>					
<b>Starchy Food</b> Various bread choices available	Noodles	Wedges	Roast Potatoes	Potato/Pasta	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Green Beans	Seasonal Vegetables	Peppers	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Ginger Biscuits  Fresh Fruit	Fresh Fruit Jelly and Cream  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Apple Pie with Custard  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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# Primary Lunch Menu



Week Commencing 27/06/22

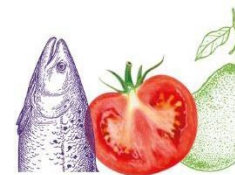
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Sausage and Mashed Potato with Onion Gravy, Peas,	Roast Ham or Halal Roast Chicken Dinner With Roast Potatoes and Seasonal Vegetables	Halal Chicken Burgers Served with seasoned wedges and sweetcorn	Fish Fingers with Chips and Baked Beans
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Vegan Pizza Broccoli and Cream Cheese Pasta Bake	Vegan Sausage and Mashed Potato with Onion Gravy, Peas,	Vegan sliced Ham Roast potatoes and Seasonal Vegetables	Vegan Vegetable Burgers served with Seasoned wedges and sweetcorn	Vegan Vegetable Fingers with Chips and Baked Beans
<b>Salad Pots and Pasta Pots</b>					
<b>Starchy Food</b> Various bread choices available	Pizza Base	Mashed Potato	Roast Potato	Seasoned wedges	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Peas	Seasonal Vegetables	sweetcorn	Baked Beans
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Fresh Fruit Salad  Fresh Fruit	Cherry Bakewell Slice served with Custard  Fresh Fruit	Fresh Fruit Jelly  Yoghurts	Carrot Cake  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

**Ask for daily chef specials**

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# Primary Lunch Menu



Week Commencing 04/07/22

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from  <b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Vegetable Stir Fry served with Egg Noodles and Stir Fry Vegetables  Feta and Vegetable Pasta Vegan Feta and Vegetable Pasta	Homemade Spaghetti Bolognaise served with Fresh Garlic Bread  Vegan Vegetable and lentil Bolognaise served with fresh Garlic Bread	Halal Roast Chicken Dinner with Roast Potatoes and Seasonal Vegetables  Vegan sliced Chicken Roast potatoes and Seasonal Vegetables	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Beans  Veggie Breakfast	Homemade Battered Fish with Chips and Peas  Veggie Burger in a Bun
<b>Starchy Food</b> Various bread choices available	Noodles	Pasta	Roast potatoes	Wholemeal Bread	Chips
<b>Vegetables</b> Salad Bar with Hummus	Carrots and Peppers	Green Beans	Mushrooms	Baked Beans	Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Apple and Oat Crumble with Pouring Cream  Fresh Fruit	Sponge Cake with Custard  Fresh Fruit	Ice Cream  Yoghurts	Scones with Jam and Cream or Fruit Jelly Trifle  Strawberries	Cheese and Crackers  Mixed Flavour Yoghurts

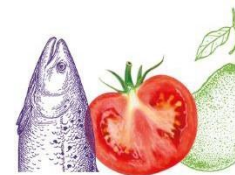
**Ask for daily chef specials**

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# Primary Lunch Menu



Week Commencing 11/07/22

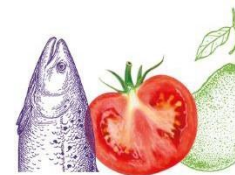
Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Chicken Tikka Curry served with Basmati Rice and Mango Chutney	Turkey Burgers with Tomato Relish and Cucumber served with Seasoned Wedges and Salad	Halal Roast Turkey Dinner With Roast Potatoes and Seasonal Vegetables	Fish Fingers or Fish Cake served with Chips and Mushy Peas	Fish Fingers with Chips and Garden Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Vegan Vegetable and Lentil Curry served with Basmati Rice and Mango Chutney	Vegetable Burgers with Tomato Relish and Cucumber served with Seasoned Wedges and Salad	Vegan sliced Chicken Roast potatoes and Seasonal Vegetables	Mini Cheese Omelette	Vegan Vegetable Fingers with Chips and Garden Peas
<b>Homemade Soup</b>					
<b>Starchy Food</b> Various bread choices available	Rice	Burger Buns	Mash	Potatoes	Chips
<b>Vegetables</b> Salad Bar with Hummus	Green Beans	Tomatoes and Cucumber	Seasonal Vegetables	Spring Onions	Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Fresh Fruit Salad  Fresh Fruit	Fruit Jelly or Angle Delight  Fresh Fruit	Sponge Cake topped with Jam and Whipped Cream  Yoghurts	Homemade Apple Crumble served with Custard  Fresh Fruit	Mixed Cupcakes  Mixed Flavour Yoghurts

**Ask for daily chef specials**

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# Primary Lunch Menu



Week Commencing 18/07/22

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Chef Choice	Chef Choice			
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Chef Choice	Chef Choice			
<b>Homemade Soup</b>	Chef Choice	Chef Choice			
<b>Starchy Food</b> Various bread choices available	Chef Choice	Chef Choice			
<b>Vegetables</b> Salad Bar with Hummus	Chef Choice	Chef Choice			
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Chef Choice  Fresh Fruit	Chef Choice  Fresh Fruit			

## Ask for daily chef specials

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