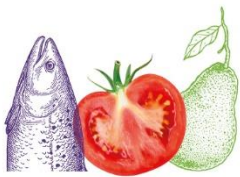


# Primary Lunch Menu



Week Commencing 05/09/22

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Pasta in a rich Tomato and Herb Sauce with Garlic Bread and green beans	Homemade BBQ Halal Chicken served with a wrap and Rice	Halal Roast Turkey Dinner with Roast Potatoes and Seasonal Vegetables	Allday Breakfast with Halal Sausage, scrambled egg Toast and Hash Brown	Fish Fingers with Chips and Mushy Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Pesto Pasta	Roasted Pepper Tomato Quiche	Vegan Roast Dinner	Vegan Allday Breakfast	Veggie Sausage Roll
<b>Homemade Soup</b>	Chef Choice	Split Pea	Chinese Sweetcorn	Leek and Potato	Chef Choice
<b>Starchy Food</b> Various bread choices available	Pasta	Rice	Roast Potatoes	Wholemeal Bread	Chips
<b>Vegetables</b> Salad Bar with Hummus	Green Beans	Corn and Peas	Seasonal Vegetables	Baked Beans	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Sugared Donuts  Mixed Yoghurts	Vanilla Cheesecake  Fresh Fruit	Cookies  Yoghurts	School Cake  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

Pasta

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

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# Primary Lunch Menu



Week Commencing 12/09/22

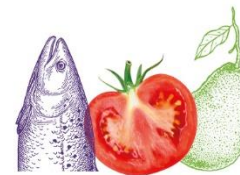
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Veggie Stir Fry served with Noodles and Spring Rolls	Sausage roll or Veggie Sausage roll served with Homemade Wedges and Brown Sauce	Roast Halal Chicken Dinner With seasonal Vegetables and Roast Potatoes	Halal Chicken Goujon Wraps served with Potato Salad or Pasta Salad	Fish Cake or Fish Fingers and Chips served with Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Cherry Tomato Quiche served with Crisp Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Vegan Roast Dinner	Twice Baked Jacket Potatoes	Vegetable Fingers
<b>Homemade Soup</b>	Chef Choice	Leek and Potato	Red pepper Soup	Tomato and Basil	Chef Choice
<b>Starchy Food</b> Various bread choices available	Noodles	Homemade Wedges	Roast Potatoes	Potato/Pasta	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Baked Beans	Seasonal vegetables	Peppers	Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Ginger Biscuits	Vanilla Ice-Cream Pots	Donuts	Fresh Fruit Salad	Cheese and Crackers
	Fresh Fruit	Fresh Fruit	Yoghurts	Fresh Fruit	Mixed Flavour Yoghurts

## Ask for daily chef specials

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# Primary Lunch Menu



Week Commencing 19/09/22

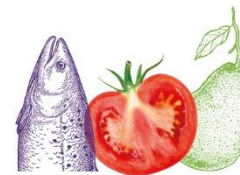
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Tomato and Basil Pasta with Crusty Bread	Halal Roast Turkey Dinner with Seasonal Vegetables and Roast Potatoes	Homemade Sausage and Mashed Potato with Onion Gravy, Peas, and Sweetcorn	Fish Fingers with Chips and Baked Beans
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Broccoli and Cream Cheese Pasta Bake	Pesto Pasta	Veagan Roast Dinner or Cheese Pie	Vegan Sausage and Mash	Veggie Sausage Roll
<b>Homemade Soup</b>	Carrot and Coriander		Red pepper Soup	Chef Choice	Chef Choice
<b>Starchy Food</b> Various bread choices available	Pizza Base	Pasta	Roast Potatoes	Mashed Potato	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Carrots and Leeks	Broccoli	Peas	Baked Beans
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Ice-cream	Cherry Bakewell Slice served with Custard	Strawberry Angle Delight	Fresh Fruit Jelly	Cheese and Crackers
	Fresh Fruit	Fresh Fruit	Yoghurts	Fresh Fruit	Mixed Flavour Yoghurts

## Ask for daily chef specials

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# Primary Lunch Menu



Week Commencing 26/09/22

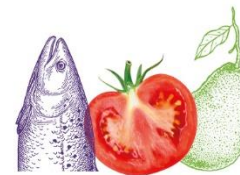
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Chip shop Curry Sauce with Basmati Rice and Chips	Homemade Halal Spaghetti Bolognese served with Fresh Garlic Bread	Halal Roast Chicken Dinner with mixed vegetables	Halal Homemade chicken and Leek Pie served with Herby New Potatoes and Seasonal Veg	Fish Fingers with Chips and Mushy Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Feta and Vegetable Pasta	Vegetable Bolognese with Garlic Bread	Vegan Roast Dinner	Homemade Quiche	Vegan Fishless Fingers
<b>Homemade Soup</b>	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
<b>Starchy Food</b> Various bread choices available	Rice/Chips	Spaghetti	Roast Potatoes	New Potatoes	Chips
<b>Vegetables</b> Salad Bar with Hummus	Green Beans	Broccoli	Mixed Vegetables	Carrots and Broccoli	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Apple and Oat Crumble with Custard  Fresh Fruit	Ice Cream  Fresh Fruit	Iced Sponge Cake  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Cheese and Crackers  Mixed Flavour Yoghurts

## Ask for daily chef specials

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# Primary Lunch Menu



Week Commencing 03/10/22

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Pizza served with Wedges and Beans	Halal Chicken Burger with wedges and salad	Halal Turkey Roast Dinner with Roast Potatoes, Stuffing, Seasonal Vegetables and Gravy	Spaghetti and Meatballs in Tomato Sauce topped with Cheddar Cheese.	Fish Fingers served with Chips and Garden Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Spanish Omelette	Vegetable Burgers	Vegan Roast Dinner	Vegan Meatball Pasta	Veggie Sausage Roll
<b>Homemade Soup</b>	Chef Choice	Tomato and Basil	Broccoli and Cheddar	Chef Choice	Chinese Sweetcorn
<b>Starchy Food</b> Various bread choices available	Pizza Base	Wedges	Roast Potatoes	Wholemeal Pasta	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Red Peppers	Broccoli	Carrots	Beans
<b>Dessert</b> Fresh fruit, selection low-fat yoghurts and homemade puddings available every lunch	Strawberry Jelly  Fresh Fruit	Shortbread Biscuits  Fresh Fruit	Sponge Cake topped with Jam and Whipped Cream  Yoghurts	Apple Flapjacks  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

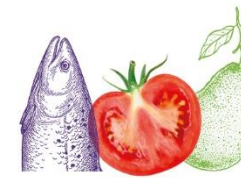
## Ask for daily chef specials

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# Primary Lunch Menu



Week Commencing 10/10/22

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Veggie Stir Fry served with Noodles and Spring Rolls	Sausage Roll served with Homemade Wedges and Brown Sauce	Halal Roast Chicken with Roasted Potatoes and Cauliflower Cheese	Chicken Goujon Wraps served with Potato Salad or Pasta Salad	Fish Cake or Fish Fingers and Chips served with Mushy Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Cherry Tomato Quiche served with Crisp Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Vegan Roast Dinner	Twice Baked Jacket Potatoes	Vegetable Fingers
<b>Homemade Soup</b>	Chef Choice	Leek and Potato	Red pepper Soup	Tomato and Basil	Chef Choice
<b>Starchy Food</b> Various bread choices available	Pasta	Homemade Wedges	New potatoes	Potato/Pasta	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Green Beans	Cauliflower	Peppers	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Iced Shortbread  Fresh Fruit	Fruit Jelly  Fresh Fruit	Ice cream  Yoghurts	Fresh Fruit Salad  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

## Ask for daily chef specials

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# Primary Lunch Menu



Week Commencing 17/10/22

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Wholemeal Pizza served with Wedges and Beans or Coleslaw	Homemade Halal BBQ Chicken served with Rice and Green Beans	Halal Roast Turkey Dinner	Halal All Day Breakfast	Homemade Battered Fish with Chips and Minted Mushy Peas
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Pesto Pasta	Roasted Pepper Tomato Quiche	Vegan Roast Dinner	Vegan Breakfast	Veggie Sausage Roll
<b>Homemade Soup</b>	Chef Choice	Split Pea	Chinese Sweetcorn	Chef Choice	Chef Choice
<b>Starchy Food</b> Various bread choices available	Homemade Pizza Base	Rice	Roast Potatoes	Chef Choice	Chips
<b>Vegetables</b> Salad Bar with Hummus	Carrots	Green Beans	Seasonal Vegetables	Chef Choice	Mushy Peas
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Fresh Fruit Salad  Mixed Yoghurts	Vanilla Cheesecake  Fresh Fruit	Pineapple Sponge  Yoghurts	Apple Flapjacks  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

## Ask for daily chef specials

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