

Russia - Key Stage 2 - Timetable

Day	Session 1	Session 2	Session 3	Session 4	Break	Session 5	Session 6	Lunch	Session 7	Session 8	Session 9	Session 10	End of Day
Timings	8:50-9:00	9:00-9:10	9:10-9:30	9:30-10:30	10:30 - 10:45	10:45-11:00	10.45-12:00	12:00 -1:00	1:00-1:30	1:30:2:30	2:30-3:00	3:00-3:25	3:25-3:30
Monday	Mindful activity	Mindful activity	Zones of regulation/GPS	English		Basic Skills Maths	Maths		Zones of regulation	Topic	Computing	Computing	Story
Tuesday	Mindful activity	Mindful activity	Zones of regulation/GPS	P.E.		Basic Skills Maths	Maths		Zones of regulation	English	Guided reading	Assembly	Story
Wednesday	Mindful activity	Mindful activity	Zones of regulation/GPS	English		Basic Skills Maths	Maths		Zones of regulation	Science	Science	Assembly	Story
Thursday	Mindful activity	Mindful activity	Zones of regulation/GPS	English		Basic Skills Maths	Maths		Zones of regulation	Topic	Music	Assembly	Story
Friday	Mindful activity	Mindful activity	Zones of regulation/GPS	English		Spanish	Active maths		Zones of regulation	R.E	PSHE	PSHE	Story

* During Assemblies, if members of staff do not require support then please use this time to listen to 1 to 1 readers or additional interventions.

