



Gwladys Street CP & Nursery School



NEWSLETTER 24th March 2023



0151-525-0843



admin.office@gwladysstreet.com



@GwladysStPrim



www.gwladysstreet.or

MESSAGE FROM THE HEAD TEACHER

Dear parents/carers,

It has been another busy week. The children who took part in the John Muir gardening project really enjoyed themselves this week. Despite the weather they managed to have a good time! This week, Mr Moore and I have been observing phonics lessons in Early Years and History and Geography lessons in KS2. The children were brilliantly behaved and their knowledge was outstanding - they are a credit to you all!

Next week, it is the final week before the Easter holidays. I have had a special visitor this week who 'hopped over' to Gwladys Street and left some goodies for the children.

Remember to ensure your child is in school every day next week so they don't miss out on the surprise that a furry friend left behind! Once again, thanks to all parents/carers who attended our parent/toddler morning and coffee afternoons. The numbers are gradually growing and remember that everyone is welcome. Have a wonderful weekend and we look forward to seeing you all on Monday.

Best wishes, Ms Booth.



Please find the latest edition of the Liverpool Parenting Newsletter

You will find new information to support Parents/ Carers, Families and children in Liverpool. Along with information regarding events and activities on offer running from March to May 2023.

<https://sway.office.com/yaQ6W3itHm4L9gTU?ref=Link>



Click [here](#) to
view the
lunch menu
for this
half term.



Calendar



Please click [here](#) to view term dates for the school year.

View letters sent home [HERE](#)



Attendance Matters

Whole School Target: 97% - This week's Whole school attendance: 92%

Absence—if your child is absent from school you **MUST** contact the school before 9:00am each day of your child's absence. Failure to make any contact with the school will result in a home visit from staff and Head teacher.

Appointments—should be arranged outside of the school day and if this is not possible, medical evidence should be provided.

<u>Class</u>	<u>Attendance %</u>	<u>Position</u>
Russia	96%	1st
Morocco	95.6%	2nd
New Zealand	95%	3rd
Chile	94.6%	4th
Australia	94.6%	5th
Japan	94.3%	6th
Ladybirds	93%	7th
Costa Rica	93%	7th
India	92.3%	9th
Caterpillars	91%	10th
China	91%	10th
Germany	87.5%	12th
France	87.5%	13th
Butterflies	87%	14th
Kenya	86.4%	15th

CONGRATULATIONS



to the **338** children who had **100% attendance** this week



Download
the App
to report
an
absence.

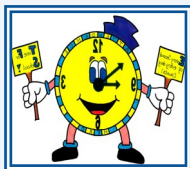
Congratulations
to Class **NEW ZEALAND** and **RUSSIA**
who are our Attendance winners this
week. The children will all receive a
Golden time activity.

Attendance advice for Parents

Being in school and having the best attendance possible underpins all the many benefits of school for your child, such as their learning, wellbeing and wider development. For some children, attending school every day will be harder than for others. This is why schools, and local councils in some cases, are committed to working together with families to solve problems and support your child's school attendance. The letter attached provides you with some valuable information.

Guide for parents on school attendance

Perfect Attendance!

KS1 NEW ZEALAND



KS2 RUSSIA



Stars of the Week



Class

Name

Caterpillars	Emily-Louise S
Butterflies	Antonio DSB
Ladybird	Brodie SG
France	Riley HS
Germany	Robert W
Australia	Maidie B
New Zealand	Buddy B
Kenya	Dean C
Morocco	Amelia M
Chile	Rayyan CM
Costa Rica	Denny J
India	Holly C
Russia	Ruby E
China	Claudiu M
Japan	Thomas R



Well done to
our wonderful



STARS OF THE WEEK

Your hard work and
efforts have not gone
unnoticed.



SCHOOL UNIFORM

Full school uniform must be worn
every day.



Exceptions can only be made if you have
contacted school in advance.

PE TIMETABLE

Monday:

FS2, Yr3 (Kenya)

Tuesday:

Year 5

Wednesday:

**Year 2 (New Zealand),
Year 4 Swimming, Year 5**

Thursday:

Year 2 (Australia)

Friday:

Year 1, Year 3 (Morocco) Year 6

*All children must have their PE kit in
school with them on their PE day.*

**HAPPY BIRTHDAY
TO**

Jessica H
Christopher F
Ella S
Ryan B
Emilia C
Eyshan T
Sophie W
Austin L
Bobby M
Dominic W

Family Support



Our Calm Central
team is here to offer
you

support about any
concerns or issues.



**Worried about a child or
young person?**

If a child or young person is at risk of harm,
abuse or neglect please report it to :

CARELINE

Call
0151 233 3700



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guidance, hints and tips for adults.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST

- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD

- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

MAKE POSITIVE LIFESTYLE CHOICES

- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND

- Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

Meet Our Expert

Our key programme is designed to support health professionals, including health visitors, in providing advice and support to children, teenagers and young adults. Our team of experts offer support, advice and guidance to help you make the most of your child's online life.

NOS National Online Safety
#WakeUpWednesday

Follow us on social media: @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.03.2023

Coffee

Join us every Wednesday from 2.30pm in the Breakfast room for coffee, cake and a chat. Everyone is welcome.



Parent and Toddler sessions are held in school every Wednesday morning 9-10am

PIC • COLLAGE

Easter Half Term Holiday Club.

3RD OF APRIL - 6TH OF APRIL
LIVERPOOL LIGHTHOUSE, OAKFIELD ROAD, L4 0UF

The holiday club is a chance for young people to take part in drama sessions and creative arts activities in a supportive and fun environment.

The sessions are FREE including food, drinks and snacks provided

7-11 YEARS OLD
9:30 AND 13:00PM
(Primary)

11 -14 YEARS OLD
12:30 - 16:30
(Secondary)

LUNCH WILL BE PROVIDED AT 12:30PM

Places can be booked through email or phone call
Matt.rutter@liverpoolighthouse.com
07708668657



OUR WEEKLY PERFORMING ARTS RUN EVERY TUESDAY AND WEDNESDAY

DRAMA / MUSIC AGES 8-13 TUESDAY, 4 PM - 7 PM

DRAMA / MUSIC PRODUCTION AGES 14 - 18 WEDNESDAYS 5 PM - 7:30 PM



The Easter HAF programme starts on the 3rd April and there are lots of great activities happening over the school holidays.

Children and young people will be able to access hundreds of activities throughout the Easter break including specific provision available for children with SEND or additional needs, at no cost to you.

Click [here](#) to find out more.

EASTER FEST

WEDNESDAY 5TH APRIL
2 SESSIONS:
12PM - 2.30PM AND 3.30PM - 6PM

BOOTLE CRICKET CLUB
WADHAM ROAD
BOOTLE
L20 2DD

THINGS THAT WILL BE THERE:

- RODEO BULL
- BOUNCY CASTLES
- GLITTER TATTOOS
- MASCOTS
- ENTERTAINMENT
- GOLDEN TICKET CHALLENGE
- GUN RANGE
- SOFT PLAY
- MEGA SLIDE

FOOD AVAILABLE TO PURCHASE



Children Heard and Seen.

What We Do

Children Heard and Seen support children, young people and their families who are impacted by parental imprisonment. We strive to support their needs, listen to their concerns and ensure that their voices are heard. **We offer family support work, 1-1 support, a volunteer mentor for 12 months, Drawing and Talking therapy sessions in school, music projects and holiday activities.**

Our Support Offer

- Support around communicating with children, including ways to tell your child that their parent is in prison.
- 1-1 mentoring to ensure that a child is able to try new things, access resources, and develop resilience, coping strategies and life skills to help them make sense of their situation. This provides them with the tools to make positive life choices and maximise their potential.
- Group support work for children, young people, parents and grandparents, focused on meeting others in similar situations and reducing isolation.
- 1-1 support for children and parents to explore, understand and manage their feelings about their family member in prison.

If you know a family that would like support, please email us at info@childrenheardandseen.co.uk call us on 07557339258 or send us a direct message to our Facebook page. childrenheardandseen.co.uk



Click [here](#) to find out more information

FootiCubs Liverpool

Early Years Football education for boys & girls aged 18 months to 5 years (up to 6th birthday)

 Cubs 18 months to 2.5 years	 Grizzlies 2.5 years to 3.5 years	 Bears 3.5 years to 5 years
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All our coaches are trained by Early Years FA qualified Primary School teachers

- Based at Rudston Primary School, L16 4PQ on weekend mornings
- Please visit www.footicubs.co.uk and click the **FREE TRIAL** button today!

www.footicubs.co.uk



You can follow us on:

 /Footicubs
 @Footicubs



Liverpool City Council

HELP
ADVICE
SUPPORT

Need advice, information or support?

Visit the SEND Local Offer

Click [HERE](#) to find out more.

LIVE SIMPLY.

DREAM **BIG.**

BE GRATEFUL.

GIVE **LOVE.**

LAUGH LOTS.