

Russia - Key Stage 2 - Timetable

Day	Session 1	Session 2	Session 4	Break	Session 5	Session 6	Lunch	Session 7	Session 8	Session 9	Session 10	End of Day
Timings	8:50-9:15	9:15-9:30	9:30-10:30	10:30 - 10:45	10:45-11:00	10:45-12:00	12:00-1:00	1:00-1:30	1:30-2:30	2:45 - 2:50	3:00-3:25	3:25 - 3:30
Monday	Grammar and Arithmetic	Zones of regulation	English		Basic Skills Maths	Maths		Zones of regulation	Science and Guided Reading	Daily Jog	Brain Break/story	""
Tuesday	Grammar and Arithmetic	Zones of regulation	English		Basic Skills Maths	Maths		Zones of regulation	Geography	Daily Jog	Assembly	Story
Wednesday	Grammar and Arithmetic	Zones of regulation	English		Basic Skills Maths	Maths		Zones of regulation	PHSE and swimming	Daily Jog	Assembly	Story
Thursday	Grammar and Arithmetic	Zones of regulation	English		Basic Skills Maths	Maths		Zones of regulation	RE	Daily Jog	Assembly	""
Friday	Grammar and Arithmetic	Zones of regulation	Assembly Active Maths		English			Spanish (1pm-2pm)	Music	Mindful Activity (3pm-3:15)	Brain Break/story	""

* My Daily Jog session is limited to 5 minutes depending on the behaviour and needs of my class. However, there are physical brain breaks throughout the day which can amount to the extra time.

* During Assemblies, if members of staff do not require support then please use this time to listen to 1 to 1 readers or additional interventions.