| Week 4 W/C 18 ${ }^{\text {th }}$ Sept | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chefs Choice | Pea Soup | Red Pepper Soup | Chefs Choice | Chefs Choice |
| Main Meal | Vegetarian Breakfast with crusty bread Or Tomato Shakshuka | Chicken Wraps served with Rice, Coleslaw and Dip | Chicken Roast Dinner served with Seasonal Vegetables and Roast Potatoes | Chicken Curry served with Rice And naan bread | Fish Cake or Fish Fingers served with Chips and Peas |
| Meat Free Main Meal | Broccoli and cream cheese Pasta Bake | Tuna Pasta with Cucumber and Red Onion | Spanish Omelette served with Salad | Pasta with a Tomato and Basil Sauce | Vegetable Burger served with Chips and Peas |
| Side Dish | Hash browns | Rice | Roast New Potatoes | Rice/Pasta | Chips |
| Vegetable | Tomatoes | Carrots | Seasonal Vegetables | peas | Peas |
| Dessert | Fresh Fruit Salad | German Apple cake | Ice Cream | Flapjack cookie | Cheese and Crackers |
| Jacket Potatoes with tuna, cheese or beans. Salad, Hummus, Fresh Fruit \& Yoghurts available Dailu. |  | Ask Chef about the Daily Special |  | Please speak to a member of staff about any dietary requirements. |  |

