

PRIMARY LUNCH MENU



Week 4 W/C 18 th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chefs Choice	Pea Soup	Red Pepper Soup	Chefs Choice	Chefs Choice
Main Meal	Vegetarian Breakfast with crusty bread Or Tomato Shakshuka	Chicken Wraps served with Rice, Coleslaw and Dip	Chicken Roast Dinner served with Seasonal Vegetables and Roast Potatoes	Chicken Curry served with Rice And naan bread	Fish Cake or Fish Fingers served with Chips and Peas
Meat Free Main Meal	Broccoli and cream cheese Pasta Bake	Tuna Pasta with Cucumber and Red Onion	Spanish Omelette served with Salad	Pasta with a Tomato and Basil Sauce	Vegetable Burger served with Chips and Peas
Side Dish	Hash browns	Rice	Roast New Potatoes	Rice/Pasta	Chips
Vegetable	Tomatoes	Carrots	Seasonal Vegetables	peas	Peas
Dessert	Fresh Fruit Salad	German Apple cake	Ice Cream	Flapjack cookie	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans. Salad, Hummus, Fresh Fruit & Yoghurts available Dailu.		Ask Chef about the Daily Special		Please speak to a member of staff about any dietary requirements.	