



Week 6 W/C 2 nd Oct	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chefs Choice	Pea Soup	Broccoli & cheese	Chefs Choice	Chefs Choice
Main Meal	Vegan Ravioli in tomato sauce Or macaroni cheese	Chicken tagine served with couscous	Roast beef Dinner served with Seasonal Vegetables and Roast Potatoes	Chicken nuggets or Beef burger with wedges and beans	Fish Cake or Fish Fingers served with Chips and Peas
Meat Free Main Meal	Spanish Omelette	Cheese and red onion Quiche	Vegan roast dinner or Cheese pie	Vegetable Burger with wedges and beans	Vegan Sausage roll served with Chips and Peas
Side Dish	Pasta	Couscous	Roast Potatoes	Wedges	Chips
Vegetable	Tomatoes	cauliflower	Seasonal Vegetables	Beans	Peas
Dessert	Fresh Fruit Salad	Shortbread biscuits	Ice Cream	Iced sponge cake	Cheese and Crackers

Jacket Potatoes with tuna, cheese or beans.
Salad, Hummus, Fresh Fruit & Yoghurts available Daily.

Ask Chef about the Daily Special

Please speak to a member of staff about any dietary requirements.