

PRIMARY LUNCH MENU



Week 3 W/C 11 th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chefs Choice	Leek and Potato	Red Pepper Soup	Tomato and Basil	Chefs Choice
Main Meal	Veggie Stir Fry Served with Noodles and Spring Rolls	Chicken Wraps served with Rice, Coleslaw and Dip	Ham Roast Dinner served with Seasonal Vegetables and Roast Potatoes	Wholemeal Spaghetti Bolognaise served with Fresh Salad and Garlic Bread	Fish Cake or Fish Fingers served with Chips and Mushy Peas
Meat Free Main Meal	Cherry Tomato Quiche served with Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Twice Baked Jacket Potatoes	Vegetarian Sausage Toasties	Tuna Pasta with Cucumber and Red Onion
Side Dish	Noodles	Rice	Roast New Potatoes	Spaghetti	Chips
Vegetable	Tomatoes	Carrots	Cabbage	Tomatoes	Mushy Peas
Dessert	Ginger Biscuits	Sponge Cake and Custard	Ice Cream	Jelly and Cream	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans. Salad, Hummus, Fresh Fruit & Yoghurts available Daily.		Ask Chef about the Daily Special		Please speak to a member of staff about any dietary requirements.	