

PRIMARY LUNCH MENU



Week 7 W/C 9 th Oct	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef choice	Chef Choice	Chef Choice	Chefs choice	Chefs Choice
Main Meal	Pasta in a rich tomato sauce with garlic bread	Beef Stew homemade Mash with gravy and peas	Chicken Roast Dinner served with Seasonal Vegetables and Roast Potatoes	Cowboy Casserole topped with potato tots	Fish Fingers served with Chips and Peas
Meat Free Main Meal	Cheese Toasties with crisp and salad	Vegetable and cheese omelette	Vegan roast Or mac and cheese	Sweet chilli noodles	Veggie burger in a bun with chips and peas
Side Dish	Pasta	Mash Potato	Roast Potatoes	Noodles/potatoes	Chips
Vegetable	tomatoes	Peas	Seasonal vegetables	Green beans	Peas
Dessert	cookies	Angel delight	Ice Cream	Sponge Cake	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans. Salad, Hummus, Fresh Fruit & Yoghurts available Daily.		Ask Chef about the Daily Special		Please speak to a member of staff about any dietary requirements.	