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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Day | Session 1 | Session 2 | Session 3 | Break | Session 4 | Lunch | Session 7 | Session 8 | Session 9 | Session 10 | End of Day |
| Timings | 9:00-9:10 | 9:10-9:30 | 9:30-10:30 | 10:30-10:45 | 10:45-12:00 | 12:00-1:00 | 1:00-1:30 | 1:30-2:40 | 2:40-2:45 | 2:40-3:25 | 3:25-3:30 |
| Monday | Arithmetic | Mindful  (Zones of Regulation)  Phonics | Maths |  | English |  | Mindful  (Zones of Regulation)  Phonics | Mastering Number | Science | Music | Class Novel |
| Tuesday | Grammar | Mindful (Zones of Regulation)  Phonics | PE |  | Maths |  | Mindful  (Zones of Regulation)  Phonics | Mastering Number | English | Reading Assembly | Class Novel |
| Wednesday | Arithmetic | Mindful  (Zones of Regulation)  Phonics | Maths |  | English |  | Mindful  (Zones of Regulation)  Phonics | Mastering Number | History | Singing Assembly | Class Novel |
| Thursday | Grammar | Mindful (Zones of Regulation)  Phonics | Maths |  | English |  | Mindful  (Zones of Regulation)  Phonics | Mastering Number | RE | RE Assembly | Class Novel |
| Friday | Reading | Assembly | Geography |  | Spanish |  | Mindful  (Zones of Regulation)  Phonics | PHSE | Computing | | Class Novel | |