

# Gwladys Street CP & Nursery School



## News Letter 19th April 2024



0151-525-0843



admin.office@gwladysstreet.com



@GwladysStPrim



www.gwladysstreet.or

### MESSAGE FROM THE HEAD TEACHER

Dear parents/carers,

It was lovely to see all of the children return to school on Monday. We have had some excellent attendance this week and on Thursday, we exceeded our whole school attendance target and we achieved 97.3%. A big well done to everyone and thank you for your support!

This week, we have been asked about whether we are running our previous nurture provision called 'Calm Central'. Due to the increase of pupils requiring this provision, we now offer a whole school approach with regard to social, emotional and mental health. You may hear your child talk about their 'zones of regulation', mindfulness sessions and 'check in' times during their school day. I talked about this at our last parent/carer forum session. However, if your child requires support for example, you have had a bereavement or your child has problems with managing stress and anxiety, please contact either Mrs Jackson (Inclusion Manager) or Mrs Baker O'Neil (Designated Safeguarding Lead) and they can talk to you about bespoke packages of support that we can offer.

We have lots to look forward to this term including residential and educational day visits, if you can offer your support and come along and help, please contact the school office.

The end of KS2 SATs tests (Y6) are fast approaching and take place week beginning 13th May 2024. Please can you ensure your child is in school everyday and that you do not book holidays during test week. These are statutory tests and cannot be taken at any other time. In order to ensure the children are happy and settled during the week of tests, I am pleased to inform you that we will be providing a full breakfast for pupils every day during the week.

I hope that we start to see some nice weather as the summer term progresses and have an enjoyable weekend with your wonderful children.

Best wishes,  
Ms Booth



Click [here](#) to view

**Free  
School  
Meals**

Are you entitled?

[Apply Here](#)

Please click [here](#) to view term dates for the school year.

Calendar





# Attendance Matters



Whole School Target: 97% -

This week's Whole school attendance: 94.5%

**Absence**—if your child is absent from school you **MUST** contact the school before 9:00am each day of your child's absence. Failure to make any contact with the school will result in a home visit from staff and Head teacher.

**Appointments**—should be arranged outside of the school day and if this is not possible,

<u>Class</u>	<u>Attendance %</u>	<u>Position</u>
Chile	98.3%	1st
China	95.2%	2nd
Germany	96.8%	3rd
Ladybirds	96.7%	4th
Morocco	96.6%	4th
Butterflies	95.8%	6th
Australia	95.4%	7th
New Zealand	94.8%	8th
Russia	94.2%	9th
Kenya	92.9%	9th
India	92.9%	11th
Caterpillars	92.4%	12th
France	92.4%	13th
Costa Rica	89.7%	14th
Japan	89.7%	14th

**Perfect Attendance**



EYFS/ KS1 Germany



KS2 Chile

# TEAM

Stars of the Week

<u>Class</u>	<u>Name</u>
Caterpillars	Kayla C & Shulamite E
Butterflies	Daisy H
Ladybirds	SJ O
France	France
Germany	Avanthika A
Australia	Kganya Ndou
New Zealand	Sultan K
Kenya	Michael W
Morocco	Nifemi A
Chile	Natalia G
Costa Rica	Bethel E
India	Scarlett K
Russia	Esmar R
China	Chubwukaima E
Japan	Amelia May C



To the 395 children who had 100% attendance this week.



Congratulations!  
Classes  
Germany  
and  
Chile  
who are our Attendance winners this week.



# After School Clubs

	<u>Key Stage 1</u>	<u>Key Stage 2</u>
<u>Mon</u>	Yogabugs	Grammer Club Yr6 Choir Club
<u>Tue</u>		Morning Maths Club Yr6 Digital Video Editing Yr6
<u>Wed</u>	Forest Schools	Reading Club Yr6
<u>Thur</u>	Gardening Club Phonics Club Girls Football	Morning Maths Club Yr6 Homework Club Yr6
<u>Fri</u>	Multi Sports Club	

## PE TIMETABLE

Monday:

**New Zealand  
Year 5 swimming**

Tuesday:

**Australia  
Costa Rica**

Wednesday:

**France  
Morocco  
Year 6**

Thursday:

**Germany  
Chile**

Friday:

**Kenya**



**All children must wear their PE kit  
to school on their PE day.**

**HAPPY BIRTHDAY  
TO**

Michael M  
Nicolas-Alin C  
Bonnie H  
Lorena L  
Chelsea C  
Israa A  
Harper N  
Eduard-Roberto Z

If you have a concern about your child, please follow the chart below.

**Concern about your child**

Make an appointment to speak with your child's class teacher

You feel that your concerns have not been met

Make an appointment to speak with a member of the Senior Leadership Team

- Inclusion Manager - Mrs Jackson
- SENDCo - Mr Jones
- Safeguarding Lead - Mrs Baker
- EYFS Lead - Miss Hennessey
- Early Reading and Phonics Lead - Mrs Quantick

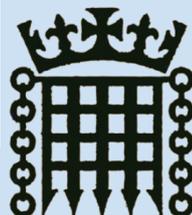
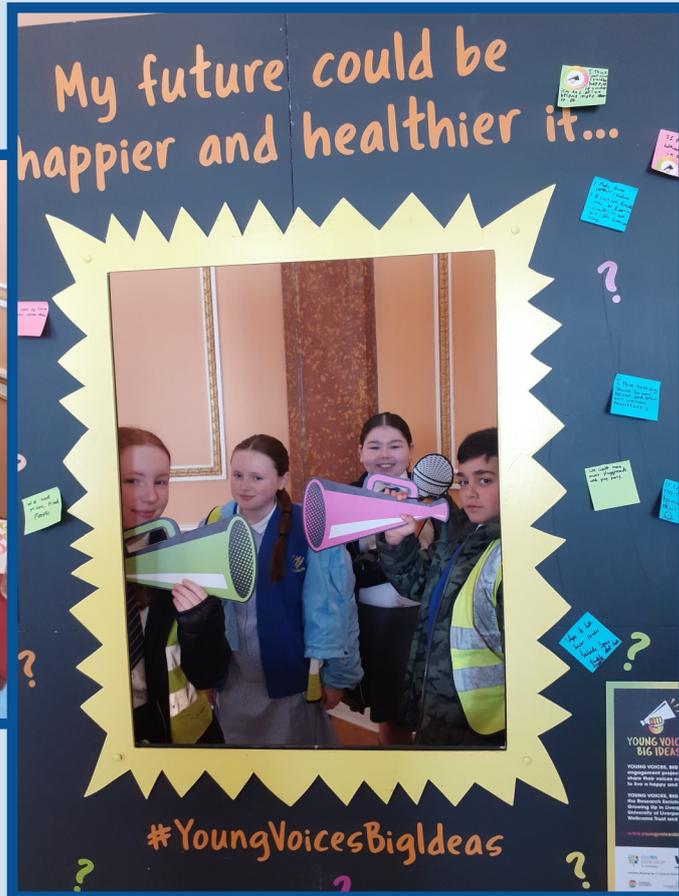
You still feel that your concerns have not been met

Make an appointment to speak to the Deputy Head Teacher - Mr Moore

Your concerns have still not been met or you have an allegation about a member of staff

Make an appointment to speak with the Head Teacher - Ms Booth

On Wednesday some of our school councillors got the chance to go to Liverpool Town Hall to take part in the school's parliament programme. The children were very proactive and were helping planning teams from the council. They discussed what they would change in Liverpool and our local area to make it a happier and healthier place to live and then. They also spoke with architects to help them create a housing guide for Liverpool. They had to think about what would be beneficial in our homes and what they find useful. The children were brilliant ambassadors for our school and shared lots of their ideas with everyone there. We'll done!



# Lunch box ideas...



- Packed lunch 1**
- Tuna, sweetcorn and pepper pasta
  - Banana
  - Handful of raisins
  - Carton of semi-skimmed milk



- Packed lunch 2**
- Egg, cress and cucumber seeded roll
  - Rice pudding
  - Satsuma
  - Bottle of water



- Packed lunch 3**
- Mackerel and potato salad (peppered mackerel, new potatoes, watercress, pepper, cucumber, chives, low fat mayonnaise)
  - Fromage frais
  - Raspberries
  - Bottle of water

**Packed lunch 4**

- Frittata (eggs, cheese, peas, peppers, sweetcorn)
- Slice of crusty brown bread with low fat spread
- Small tub of seeds, sultanas and chopped dried apricots
- Bottle of water



- Packed lunch 5**
- pitta bread, falafel, tzatziki (yogurt and cucumber dip), lettuce and tomato
  - Small pear
  - Handful of plain popcorn
  - Bottle of water



- Packed lunch 6**
- Wholemeal bagel with ham and soft cheese
  - Pot of cherry tomatoes
  - Frozen cherries mixed with fromage frais
  - Bottle of water

All images are suggestions only.



- Packed lunch 7**
- Hummus
  - Carrot and pepper sticks
  - Wholemeal pitta bread
  - Strawberries
  - Yogurt
  - Bottle of water

**Packed lunch 8**

- Chicken, cream cheese and grated carrot wrap
- Fruit kebabs
- Sugar free jelly
- Carton of semi-skimmed milk



- Packed lunch 9**
- Vegetable and lentil pasta (chopped tomatoes, carrots, celery, onion, red lentils, pasta)
  - Small tub of grated cheese
  - Canned peaches in natural juice
  - Low fat custard
  - Bottle of water

**Packed lunch 10**

- Vegetable cous cous (roasted courgette, peppers, onions, chickpeas, cubed cheese)
- Canned pineapple in juice
- Soya yogurt
- Bottle of water



Gwladys Street CP & N School is a strictly 'no nut' school, for example: no Nutella, no peanut butter, no graze boxes, no chocolate bars containing nuts, etc.

In addition to this, we do not allow hot food caddies/containers and/or skewer sticks.

Also, please cut up grapes, blueberries and cherries lengthways as these are a choking hazard.

If your child is having biscuits, please only provide a portion (1 or 2) and not to a whole packet.

**FACT** Research by the University of Leeds has shown that **only 1.6%** of primary school children's packed lunches met the nutritional standards set for school meals.

## Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

**Under 13**

- Roblox
- PopJam
- FaceTime

**13+**

- |                        |                 |
|------------------------|-----------------|
| Twitter                | TikTok          |
| Facebook and Messenger | Skype           |
| Viber                  | Google Hangouts |
| WeChat                 | Reddit          |
| Monkey                 | Snapchat        |
| Yubo                   | Pinterest       |
| Dubsmash               |                 |
| Instagram              |                 |

**16+**

- WhatsApp
- Telegram Messenger
- Tumblr

**17+**

- Line
- Sarahah
- Tellonym

Sourced from NSPCC website October

## Are You Worried about a child or young person?

If a child or young person is at risk of harm, abuse or neglect please report it to :



**CARELINE**

Call

**0151 233 3700**



If you need log in details to access your child's class on Seesaw please speak to your child's class teacher.



Lifelong Learning, Skills & Employment Support

# Free Maths Classes

For Parents, Grandparents and Carers.

Our **FREE - Maths for Fun** classes will give you all of the top tips, ideas for games, interesting activities & lots of useful resources.

This will help you to understand the curriculum at school and support your child's learning at school and at home.

Here you will learn all about:

- Place value
- Number patterns
- Ordering numbers
- Less than and greater than
- Writing numbers in words
- Addition and subtraction methods
- Multiplication and division methods
- Solving word problems and reasoning



Classes will be in a relaxed setting and based at your School.

Classes are 2 hours a week for 6 weeks.

Classes are **FREE** if you are earning less than £31,640 per annum.

## GET IN TOUCH:

Email: [Julia.Hooks@liverpool.gov.uk](mailto:Julia.Hooks@liverpool.gov.uk)

Mobile: 07720103701

(Call, leave a message or send a text and I will call you back!)

We support our residents to

**BELIEVE. ACHIEVE. SUCCEED.**



@liverpoolals



@liverpool\_als

Lifelong Learning, Skills & Employment Support

# Free Phonics Classes

For Parents, Grandparents and Carers.

Our **FREE - Teaching Your Child Phonics** classes will give you all of the top tips, ideas for games, interesting activities & lots of useful resources.

This will help you to understand the curriculum at school and support your child's learning at school and at home.

**Learning Phonics** - is the first step in learning to read and to improve literacy levels, giving your child a solid base to build on as they progress through school.

Skills will include -



- Recognising the sounds that each individual letter makes.
- Identifying the sounds that different combinations of letters make - such as 'sh' or 'oo'.
- Blending these sounds together from left to right to make a word. Children can then use this knowledge to 'decode' new words that they hear or see.

Classes will be in a relaxed setting at your local school or children's centre.

2 hours a week for 6 weeks.

Classes are **FREE** if you are earning less than £31,640 per annum.

## GET IN TOUCH:

Email: [Julia.Hooks@liverpool.gov.uk](mailto:Julia.Hooks@liverpool.gov.uk)

Mobile: 07720103701

(Call, leave a message or send a text and I will call you back!)

We support our residents to

**BELIEVE. ACHIEVE. SUCCEED.**



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# Pink & Purple Pram Push

Friday 17th May 2024

1k or 3k walk along Liverpool's iconic Pier  
Head with **FREE** entry to Otterspool  
Adventure ♥

## TICKETS



Raising funds  
for Neonatal  
babies &  
families



Proudly sponsored by

Otterspool  
ADVENTURE



Fundraising@lwh.nhs.uk

Liverpool Women's  
Hospital Charity

Registration number 1048294



## The Liverpool ASD Training Team are providing a series of Virtual Group Drop in advisory sessions via zoom.

They are for parents/carers who have any questions or concerns about their child, in regard to social communication difficulties, waiting an ASD assessment or your child has a diagnosis of autism. It is also an opportunity to speak with an ASD trainer and other parents.

The sessions will be one half hours long, you can choose to join anytime with in the time slot or stay for the duration.

You do not require a diagnosis to book your place.

Date: Dates and Times (pm sessions)

Dates	Afternoon Session
24 <sup>th</sup> April 2024	
25 <sup>th</sup> April 2024	
26 <sup>th</sup> April 2024	
1 <sup>st</sup> May 2024	
2 <sup>nd</sup> May 2024	
3 <sup>rd</sup> May 2024	

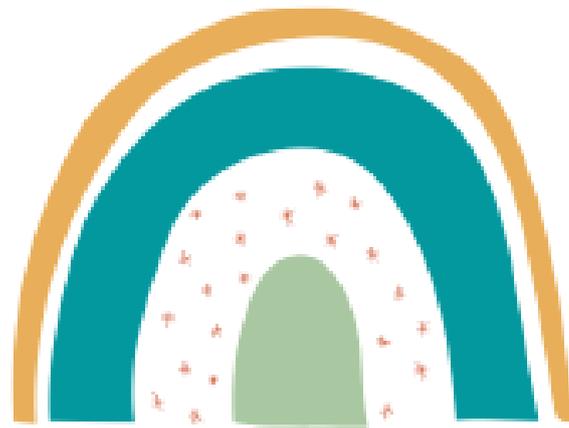
If you would like to book onto one of the sessions, please email: [asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)



Before each session, we will send you a flyer, with a Zoom link included.

**Parent Carer Skills Builder**  
(Early Years and Key Stage 1)

<b>Course</b>	<b>Speaker</b>	<b>Date and Time</b>
<b>Autumn Term</b>		
Understanding my Child's Early Development	Samantha Asher	24/06/24 9.30am - 10.30am
Understanding and Supporting Sensory Integration	Samantha Asher	24/06/24 11am - 12pm
Developing Skills in Emotional Self-Regulation	Samantha Asher	15/07/2024 9.30am - 10.30am
<b>Spring Term</b>		
Understanding my Child's Early Development	Samantha Asher	07/10/24 9.30am - 10.30am
Developing Skills in Emotional Self-Regulation	Samantha Asher	07/10/24 11am - 12pm
Creating a Positive Bedtime Routine	Samantha Asher	25/11/2024 9.30am - 10.30am
<b>Summer Term</b>		
Understanding my Child's Early Development	Samantha Asher	20/01/2025 9.30am - 10.30am
Understanding and Supporting Sensory Integration	Samantha Asher	20/01/2025 11am - 12pm
Creating a Positive Bedtime Routine	Samantha Asher	03/03/2025 9.30am - 10.30am



# SELF CARE CHECKLIST



- |   |  |   |                                      |
|---|--|---|--------------------------------------|
|    | EAT 3 HEALTHY MEALS                      |    | HAVE A SOCIAL MEDIA DETOX            |
|    | 7+ HOURS OF SLEEP                        |    | ASK FOR A HUG                        |
|  | DRINK FRESH WATER                        |  | SPEND TIME WITH FAMILY               |
|  | GET FRESH AIR                            |  | DO A HOBBY                           |
|  | PRACTICE MINDFULNESS                     |  | WRITE IN YOUR JOURNAL                |
|  | WRITE DOWN 3 THINGS YOU ARE GRATEFUL FOR |  | SAY 5 THINGS YOU LOVE ABOUT YOURSELF |
|  | BRUSH YOUR TEETH                         |  | DO SOME EXERCISE                     |
|  | HAVE A WARM SHOWER                       |  | WASH YOUR HAIR                       |
|  | MAKE YOUR BED                            |  | HAVE A CUPPA                         |
|  | READ A BOOK                              |  | DO NOTHING- ENJOY THE PEACE          |
|  | LISTEN TO MUSIC                          |  | TRY SOMETHING NEW                    |
|  | SPEND TIME WITH FRIENDS                  |  | DO SOME COLOURING IN                 |
|  | DECLUTTER A SMALL SPACE                  |  | MAKE YOUR FAVOURITE FOOD             |