

# Lunch Menu - Week 1



w/c 3rd June	<small>PROUDLY</small> <b>MEAT Monday FREE</b> <small>SUPPORTING</small>	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Red Pepper Soup	Tomato & Basil	Broccoli & Cheddar	Leek & Potato
<b>Main Meal</b>	Wholemeal Pizza & Wedges	Spanish Chicken Traybake & wholegrain Rice	Vegetarian All Day Breakfast with Brown Toast*	Beef Spaghetti Bolognese with Garlic Bread	Fish Fingers & Chips with Garden Peas
<b>Veggie Main</b>	Tomato & Basil Pasta	Meat Free Burritos	Roasted Red Pepper Quiche	Twice Baked Jacket potatoes	Welsh Rarebit
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Ginger Biscuits	Flapjacks	Fresh Fruit Yoghurt Crunch Pots	Pineapple & Coconut Sponge	Barabrith
	Fresh fruit & yoghurt available daily				

Please speak to a member of school staff about dietary requirements

\* Halal option available

# Lunch Menu - Week 2



w/c 10th June	<small>PROUDLY</small> <b>MEAT</b> <i>Monday</i> <b>FREE</b> <small>SUPPORTING</small>	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
<b>Main Meal</b>	Cheese & Onion plate pie with New Potatoes & Peas	Chinese Chicken Curry & Rice with Green Beans & Prawn Crackers	Roast dinner with seasonal vegetables, roast potatoes and gravy	Beef Chilli Tacos with Tortilla Chips and Sweetcorn	Fish Fingers with Chips & Garden Peas
<b>Veggie Main</b>	Cheesy Beans Pasta Bake	Vegetable & Lentil Stew	vegan roast dinner or Mac and cheese	Vegan Jambalaya & Sweetcorn	Welsh Rarebit
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Fresh Fruit Salad	Chocolate Cookies	Ice cream	Sticky Toffee pudding	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 3



w/c 17th June	<small>PROUDLY</small> <b>MEAT Monday FREE</b> <small>SUPPORTING</small>	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
Main Meal	Quorn Mince Cottage Pie	BBQ Chicken with Wholegrain Rice, Sweetcorn & White Cabbage	roast dinner with seasonal vegetables and roast potatoes	Macaroni Cheese topped pasta bolognese with garlic bread	Fish Fingers with Chips & Garden Peas
Veggie Main	Broccoli & Cream Cheese Pasta Bake	Cherry Tomato Quiche with Sweetcorn & White Cabbage	Vegetarian Chilli & Rice	Vegetable Biryani	Veggie Sausage Roll
Chef Special	Ask Chef about today's special!				
Salad Bar	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily.				
Dessert	Fresh Fruit Salad	Scones & cream or cake with jam and cream	ice cream	Apple Turnovers	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 4



w/c 24th June	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Pea Soup	Red Pepper Soup	Chef Choice	Chef Choice
<b>Main Meal</b>	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread & Cabbage	Meatball Sub with Tortilla Chips	Roast Dinner with roast potatoes and Seasonal vegetables	Sausage & Mash with Carrots*	Homemade Battered Fish with Chips & Beans
<b>Veggie Main</b>	Vegetarian Chilli with Rice & Cabbage	Spanish Omelette with Crisp Salad	Vegetable Rice Enchiladas	Falafel pittas with Carrots	Veggie Sausage Rolls with Beans
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily.				
<b>Dessert</b>	German Apple Cake	Fresh Fruit pavlova	ice cream	Shortbread	Rich 'Chocolate' Cookies
	Fresh fruit & yoghurt available daily.				

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# Lunch Menu - Week 5



w/c 1st July	PROUDLY <b>MEAT FREE</b> Monday SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Red Pepper	Chinese Sweetcorn
<b>Main Meal</b>	Tomato & Basil Pasta	spiced minced beef with rice	roast dinner	Chicken pie with Mash & Carrots	Fish Fingers with Chips & Garden Peas
<b>Veggie Main</b>	Red Pepper Quiche	Vegetable Paella	Pesto Pasta	Quorn Mine Cottage Pie & Peas	Veggie Burger in a Bun with Chips
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	school cake	Vanilla Cheesecake	ice cream	Oat Cookies	Cheese & Crackers or Popcorn
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 6



w/c 8th July	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Leek & potato	Red Pepper Soup	Tomato & Basil	Chef Choice
Main Meal	Cheesy Beans Pasta Bake	BBq chicken rice	Roast dinner	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Peas
Veggie Main	Cherry Tomato & Cheese Quiche with Crisp Salad	Asian Noodles	Macaroni Cheese with Green Beans	Cheese & Onion plate pie with Peas	Veggie Fingers
Chef Special	Ask Chef about today's special!				
Salad Bar	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
Dessert	Sponge Cake & Custard	Ginger Biscuits	ice cream	jelly and custard	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 7



w/c 15th July	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
<b>Main Meal</b>	Broccoli & Cream Cheese Pasta Bake	Chinese Chicken Curry with Rice & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans*	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas
<b>Veggie Main</b>	Meat Free Burritos	Vegetable & Lentil Stew	Tomato & Basil Pasta	Vegan Jambalaya	Veggie Sausage Roll
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Fresh Fruit Salad	Apple Flapjack	Iced Sponge Cake with Custard	Sticky Toffee pudding	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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