















Lunch Menu Week 3



Week W/C 16 th September	 Planet Friendly MONDAY	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Pumpkin	Chunky Vegetable And chicken	Chef Choice	Roast Red Pepper	Chinese Sweetcorn
Hot Main	Tomato and vegetable pasta bake  	Homemade Chicken Chinese with Wholegrain Rice, Green Bean 	Roast Dinner with seasonal Vegetables & Roast Potatoes	Beef and Bean Quesadillas	Fish Fingers served with Chips and Peas
	Broccoli and cream cheese Bake 	Falafel Pittas 	Stir Fried Vegetable & spaghetti 	Macaroni Cheese 	Veggie Sausage Roll 
Chef Special	<i>Ask Chef about todays special!</i>				
Dessert	Fresh Fruit Salad  	Shortbread Biscuits 	Ice Cream	Sponge Cake topped with cream and Jam 	Cheese & Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

 Halal option available
 Vegetarian
 Vegan
 Oily fish