

Lunch Menu Week 4



Week W/C 23rd September	Planet Friendly MONDAY	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Pumpkin soup	Chicken and vegetable soup	Broccoli and Cheddar soup	Roast Red pepper Soup	Chinese Sweetcorn Soup
Hot Main	Tomato and Basil Pasta 	Homemade Chicken Curry with Rice, Green Beans 	Roast Dinner with seasonal Vegetables & Roast Potatoes, Yorkshire pudding 	Meatball Sub served with Tortilla chips 	Fish Fingers or Fish Cake served with Chips and Peas
	Red Pepper Quiche 	Vegetarian chilli with Rice 	Pesto Pasta 	Singapore fried rice 	Veggie Burgers in a bun with chips
Chef Special	Ask Chef about todays special!				
Dessert	Fresh Fruit Salad 	Vanilla Cheesecake 	Ice Cream	Cheese and crackers or Yogurts 	School Cake

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.

- Halal option available
- Vegetarian
- Vegan
- Oily fish