















# Lunch Menu Week 5



Week W/C 30 <sup>th</sup> September	 Planet Friendly MONDAY	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Pumpkin soup	Chicken and vegetable soup	Chef Choice	Pea Soup	Chinese Sweetcorn
Hot Main	Ravioli in tomato sauce with crusty brad  	Irish Stew with crusty bread 	Roast Dinner with seasonal Vegetables & Roast Potatoes Or Carbonara Pasta	Chef Choice	Fish Fingers served with Chips and Peas
	Singapore Noodles 	Spanish omelette with Crisp Salad 	Vegetable and Rice Enchilada 	Chef Choice 	Veggie Sausage Roll 
Chef Special	Ask Chef about todays special!				
Dessert	Fresh Fruit Salad  	School Cake 	Cookies	Ice Cream 	Cheese & Crackers 



**Available Daily:** Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.  
All menus are checked by a nutritionist and adhere to School Food Standards.

-  Halal option available
-  Vegetarian
-  Vegan
-  Oily fish