

Lunch Menu Week 3



Week W/C 15th Sep	Manet Friendly MONDAY	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef choice	Chefs choice	Chefs choice	Chefs choice	Chefs choice
Hot Main	Rich tomato and basil Pasta with Garlic bread	Chinese Chicken Curry with rice and prawn crackers	Roast Dinner with seasonal Vegetables,gravy and roast potatoes	Beef Quesadillas with wedges and sweetcorn	Fish Fingers served with Chips and Peas
	Broccoli & cream cheese pasta bake	Vegetable curry or falafel pittas with salad	Macaroni cheese pasta	Spicy singapore noodles	Veggie sausage rolls with chips and peas
Chef Special	Ask the Chef about today's special!				
Dessert	Fresh fruit or yogurts	Oatie cookies	Ice Iollies	Sponge cake with jam and cream	Cheese and Crackers

MEAT FRFF Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Dairy Halal option available Vegetarian Vegan Oily fish