
















Lunch Menu Week 4



Week W/C 22nd September		Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef choice	Chefs choice	Chefs choice	Chefs choice	Chefs choice
Hot Main	Rich tomato and basil Pasta with Garlic bread  	Chicken Wrap with coleslaw, salad and rice 	Roast Dinner with seasonal Vegetables, gravy and roast potatoes	Meatball Sub with tortilla chips and salad	Fish Fingers served with Chips and Peas 
	Red Pepper Quiche and salad 	Pesto Pasta 	Vegetable and lentil stew 	Spicy singapore noodles 	Veggie burger with chips and peas 
Chef Special	Ask the Chef about today's special!				
Dessert	Fresh fruit or yogurts  	Vanilla Cheesecake 	Ice lollies	Sponge cake with jam and coconut 	Cheese and Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Dairy
Halal option available
Vegetarian
Vegan
Oily fish