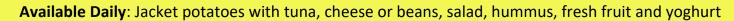


Lunch Menu Week 4



Week W/C 22nd September	Manet Friendly MONDAY	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef choice	Chefs choice	Chefs choice	Chefs choice	Chefs choice
Hot Main	Rich tomato and basil Pasta with Garlic bread	Chicken Wrap with coleslaw, salad and rice	Roast Dinner with seasonal Vegetables,gravy and roast potatoes	Meatball Sub with tortilla chips and salad	Fish Fingers served with Chips and Peas
	Red Pepper Quiche and salad	Pesto Pasta	Vegetable and lentil stew	Spicy singapore noodles	Veggie burger with chips and peas
Chef Special	Ask the Chef about today's special!				
Dessert	Fresh fruit or yogurts	Vanilla Cheesecake	Ice lollies	Sponge cake with jam and coconut	Cheese and Crackers





Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Dairy Halal option available Vegetarian Vegan Oily fish