

Lunch Menu Week 5



Week W/C 29th September		Tuesday	Wednesday	Thursday	Friday
Soup of the Day					
Hot Main	Vegan Ravioli in a Tomato sauce with Garlic Bread  	Irish Stew with crusty bread 	Roast Dinner with seasonal Vegetables & Roast Potatoes	Pasta Bolognaise with Garlic bread	Fish Fingers/ Fish Cakes served with Chips and Peas 
	Cheese and Onion Quiche with salad 	Spanish Omellette 	Vegan Roast or vegetable and rice Wraps 	Mac and cheese with garlic bread 	Vegan Sausage rolls with chips and peas 
Chef Special	Ask Chef about todays special!				
Dessert	Fresh Fruit or Yogurts  	German Apple Cake 	Ice lollies	Chocolate Cookies 	Cheese and crackers or strawberry Jelly 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Dairy
Halal option available
Vegetarian
Vegan
Oily fish