

Lunch Menu Week 2



Week W/C 10 th November		Tuesday	Wednesday	Thursday	Friday
Soup of the Day					
Hot Main	Tomato And Basil Pasta bake with Garlic Bread  	Sausage and mash with gravy and peas 	Roast Dinner with seasonal Vegetables & Roast Potatoes	Chicken curry and rice and naan bread	Fish Fingers served with Chips and Peas 
	Falafel Pittas 	Red pepper, cheese and tomato quiche or vegan sausage and mash 	Macaroni cheese with vegetables or vegan roast 	Vegetable and cheese quesadillas or vegetable curry and rice 	Veggie fingers with chips and peas 
Chef Special	Ask Chef about todays special!				
Dessert	Fresh Fruit and Yogurts  	Apple and oat cookies 	Ice cream	Vanilla sponge and custard 	Cheese and Crackers 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Dairy
Halal option available
Vegetarian
Vegan
Oily fish